

Atkins Diet Slow Cooker Cookbook: Easy To Prepare Recipes For Your Slow Cooker By Jamie Flay

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comforting slow-cooker meals. 6 No-Fuss Slow-Cooker Meals; Your Slow Cooking Questions, easy recipes you can prepare in as little as 20 minutes.

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6 ingredient slow cooker pot roast (grain-free,

6-Ingredient Slow Cooker Pot Roast. I chose sea salt and pepper for seasoning, but you can use your favorite blend to change things up. Serves 6

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