

# Yoga And Mindfulness Based Cognitive Therapy: A Clinical Guide By Basant Pradhan

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Yoga and Mindfulness Based Cognitive Therapy A Clinical Guide. Authors: Pradhan, Basant

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Basant Pradhan, M. D. Founding Director, Yoga-Mindfulness Based Cognitive Therapy (Yoga and Mindfulness Based Cognitive Therapy: A Clinical Guide;

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Basant Pradhan is the author of Yoga and Mindfulness Based Cognitive Therapy (0.0 avg rating, 0 ratings, 0 reviews, published 2014) and Yoga Basant Pradhan

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